Getting Ready for Your Appointment

A Few Days Before Your Appointment

☑ Buy 2 Fleet enemas at any pharmacy. You will use them on the day of your appointment.
  - You don’t need a prescription.
  - This medicine helps clean poop out of the rectal area. It makes it easier for your doctor to give you a rectal exam.

On the Day of Your Appointment

☑ 2 hours before your appointment, use your 2 Fleet enemas.
☑ Arrive at the clinic 30 minutes before your appointment time. This gives you time to fill out our forms.
☑ Write down these things for your doctor—
  - a list of the medicines that you are taking
  - a list of your allergies

Questions? Call Us!
Surgery Clinic: 505-272-3771