

Getting Ready for Your Appointment

A Few Days Before Your Appointment

- ☑ Buy 2 **Fleet enemas** at any pharmacy. You will use them on the day of your appointment.
 - You don't need a prescription.
 - This medicine helps clean poop out of the rectal area. It makes it easier for your doctor to give you a rectal exam.

rectum or rectal area



On the Day of Your Appointment

- ☑ **2 hours before your appointment**, use your 2 Fleet enemas.
- ☑ Arrive at the clinic 30 minutes before your appointment time. This gives you time to fill out our forms.
- ☑ Write down these things for your doctor—
 - a list of the medicines that you are taking
 - a list of your allergies

Questions? Call Us!

Surgery Clinic: 505-272-3771
